

# The Balanced Physician

## Maximizing Profitability, Personal Fulfillment and Success

**Turbo-charge your next important meeting. Let Iris Grimm, international coach, speaker and trainer captivate your audience with unique stories, positive energy, pragmatic solutions, and lasting impact.**



### Programs

**The Balanced Physician: Patient Care, Profitability and Fulfillment**

Emphasizing an equilibrium of interpersonal, self-management, and clinical skills.

**Insight not Uptight: Effective Tools to Control Stress**

Pointing out the importance of emotional awareness, personal energy management and boundaries.

**Mirror on the Wall: Recognizing the Leader in You**

Building a strong leadership foundation starts with self-leadership.

**The Coach Approach: A New Paradigm for Staff Performance**

Maximizing staff performance and teamwork.

**No More Balancing Acts: Simple Solutions to Get off the Tight Rope**

Acknowledging the principles of success and personal fulfillment.

**Tear Down Your Walls**

Discovering opportunities hidden in every challenging situation.

**The Leader of Your Pack**

Highlighting the major leadership and life lessons from man's best friend.

For detailed presentation information visit [www.BalancedPhysician.com](http://www.BalancedPhysician.com).

### Testimonials

"... I received many accolades about your program from our physician leaders. The insights and skills you engender are of great benefit to health care institutions coworkers, patients, and most importantly, the physicians themselves in terms of their productivity and gratification."

- Roy E. Gilbreath, M.D., FACP, CQO, Presbyterian Hospital of Dallas

"It was a pleasure working with you for the Physician Executives meeting. The feedback I received from the members was excellent!"

- Teresa Unser, Executive Director, Physician Executives of Georgia, Inc.

"..."The Balanced Physician" was the perfect topic. ... our physicians and healthcare professionals walked away with tools and strategies for controlling stress in their professional and personal lives."

- Bettye Chorey, Northside Hospital Atlanta, GA

"Our attendees loved you and it was clear they heard your message. Not only did I notice the line waiting to speak with you after your presentation, but the evaluations we received were glowing."

- Cathy Longino, Atlanta Area Manager, American Cancer Society

### Partial Client List

- Northside Hospital
- DeKalb Medical Center
- Gwinnett Medical Center
- Newton Medical Center
- Northlake Medical Center
- American Association of Physician Specialists
- Physician Executives of Georgia
- American Cancer Society
- Georgia Society of Clinical Oncology

Iris Grimm is available for keynotes, lectures, breakout sessions, seminars, retreats and meeting facilitations.

*For more information, contact:*

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